

hôtel
SWEXAN

Fitness Class Schedule
July 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 6pm Yoga w/ Megan	2 7am Spin w/ Macey	3 No Class Scheduled	4 9am Yoga w/ Megan
5 No Class Scheduled	6 6pm Yoga Sculpt w/Cassie	7 7am Spin w/ Macey	8 6pm Yoga w/ Megan	9 7am Spin w/ Macey	10 6pm Yoga w/ Megan	11 9am Yoga Sculpt w/ Cassie
12 9am Yoga Sculpt w/ Cassie	13 6pm Yoga Sculpt w/Cassie	14 6pm Yoga w/ Megan	15 6pm Yoga Sculpt w/Cassie	16 6pm Yoga w/ Megan	17 6pm Yoga w/ Megan	18 9am Yoga w/ Megan
19 No Class Scheduled	20 6pm Yoga w/ Megan	21 7am Spin w/ Macey	22 6pm Yoga w/ Megan	23 7am Spin w/ Macey	24 7am Yoga Sculpt w/Cassie	25 9am Yoga Sculpt w/ Cassie
26 9am Yoga Sculpt w/ Cassie	27 6pm Yoga Sculpt w/Cassie	28 7am Spin w/ Macey	29 6pm Yoga w/ Megan	30 7am Spin w/ Macey	31 7am Yoga Sculpt w/Cassie	