

hôtel  
SWEXAN

Fitness Class Schedule  
May 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 7am Spin w/ Macey 6pm Yoga w/ Megan	2 7am Yoga Sculpt w/Cassie 9am Private Event w/ Jessica	3 No Class Scheduled
4 No Class Scheduled	5 6pm Yoga w/ Megan	6 7am Spin w/ Macey Private Event - 10am to 12pm 6pm Pilates w/ Sabrina	7 7am Yoga with Jessica Private Event 5pm to 8pm	8 7am Spin w/ Macey 6pm Yoga w/ Megan	9 6pm Private Event w/ Emmy	10 10am Yoga with Jessica
11 No Class Scheduled	12 6pm Yoga w/ Megan	13 7am Spin w/ Macey 6pm Pilates w/ Sabrina	14 7am Yoga with Jessica 6pm Yoga Sculpt w/Cassie	15 7am Spin w/ Macey 6pm Yoga w/ Megan	16 7am Yoga Sculpt w/Cassie 8am Private Event - Terrace	17 9am - 3pm Private Event
18 No Class Scheduled	19 6pm Yoga w/ Megan	20 7am Spin w/ Macey 6pm Pilates w/ Sabrina	21 7am Yoga with Jessica 6pm Yoga Sculpt w/Cassie	22 7am Spin w/ Macey 6pm Yoga w/ Megan	23 7am Yoga Sculpt w/Cassie	24 10am Yoga with Jessica
25 No Class Scheduled	26 6pm Yoga w/ Megan	27 7am Spin w/ Macey 6pm Restorative Yoga w/ Megan	28 7am Yoga with Jessica	29 7am Spin w/ Macey 6pm Yoga w/ Megan	30 7am Yoga Sculpt w/Cassie	31 10am Yoga with Jessica