

hôtel
SWEXAN

Fitness Class Schedule
March 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 No Class Scheduled	2 6pm Yoga w/ Megan	3 7am Spin w/ Macey 6pm Yoga w/ Megan	4 6pm Yoga Sculpt w/Cassie	5 7am Yoga Sculpt w/ Cassie	6 7am - 9am Private Class	7 9am Yoga w/ Megan
8 No Class Scheduled	9 6pm Yoga w/ Megan	10 7am Spin w/ Macey 6pm Yoga w/ Megan	11 6pm Yoga Sculpt w/Cassie	12 7am Spin w/ Macey 6pm Yoga w/ Megan	13 7am Yoga Sculpt w/ Cassie	14 9am Yoga Sculpt w/ Cassie
15 9am Yoga Sculpt w/ Cassie	16 6pm Yoga w/ Megan	17 7am Spin w/ Macey 6pm Yoga w/ Megan	18 6pm Yoga Sculpt w/Cassie	19 7am Spin w/ Macey	20 7am Yoga Sculpt w/ Cassie	21 9am Yoga w/ Megan
22 9am Yoga Sculpt w/ Cassie	23 6pm Yoga w/ Megan	24 7am Spin w/ Macey 6pm Yoga w/ Megan	25 6pm Yoga w/ Megan	26 7am Spin w/ Macey 6pm Yoga w/ Megan	27 7am Yoga Sculpt w/ Cassie	28 9am Yoga w/ Megan
29 9am Yoga Sculpt w/ Cassie	30 6pm Yoga Sculpt w/Cassie	31 7am Spin w/ Macey 6pm Yoga w/ Megan				